

**BRITISH HORSE SOCIETY AYRSHIRE**



# **TREC FUN TRAINING DAY**

**Sunday, 11<sup>th</sup> April 2010 from 10.00 a.m.**

**With Rhoda McVey BHSAI**

- one of Scotland's leading TREC trainers and 2009 Level 2 U.K. TREC Champion

**Venue: Eglinton Country Park, Kilwinning, Ayrshire**

- A TREC competition consists of negotiating an obstacle course, a control of paces section and an orienteering ride, spread over one or two days.
- Anyone can compete on any type of horse or pony, at whatever level they wish, either as an individual or in a pair.
- Bogie obstacles or jumps can be avoided as there are no eliminations for bypassing these! You gain marks for the obstacles you do complete.
- Why not come and find out more about this fast growing friendly sport?

The training day will consist of:

- Small groups will learn how to tackle the ridden obstacles set up in the field and practice the control of paces section. Advice and help given to improve your scores.
- After that - practice your map reading and follow a short orienteering route (approx. 7 Km) through the park in pairs or small groups.
- Or just have a ride in the park!
- Bring your own lunch or visit the Tournament Café.

**Fee: £25 per person for the day**

Juniors welcome if accompanied by an adult

Please download your application form from:  
[www.bhsscotland.org.uk/Pages/regions/ayrshire.html](http://www.bhsscotland.org.uk/Pages/regions/ayrshire.html)

**Applications with payment must be received by 4 April 2010**

For more information contact:  
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